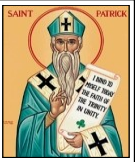


KU-RING-GAI CHASE CATHOLIC PARISH



'Seek God, Find God, Embrace God in Jesus'

Diocese of Broken Bay ~ 1st August 2021 ~ 18th Sunday in Ordinary Time ~ Year B

Ex 16:2-4, 12-15; Eph 4:17, 20-24; Jn 6:24-35

Entrance Antiphon:

O God, come to my assistance; O Lord, make haste to help Me!
You are my rescuer, my help; O Lord, do not delay.

Responsorial Psalm:

The Lord gave them bread from heaven.

Gospel Acclamation:

Alleluia, alleluia!
No one lives on bread alone, but on every word that comes from the mouth of God.
Alleluia!

Communion Antiphon:

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

Our Mission Statement: *'Help others to recognise, through their experiences, that Jesus who died and is risen is the truth that lights up their lives'*

Our Vision Statement: *'That the parishioners of Ku-ring-gai Chase Catholic Parish grow as missionary disciples and live as community in Christ inviting all people into our Parish, welcoming them to our Parish life and embracing the rich diversity of our community'*

Purposeful living

In his classic satire *Don Quixote*, Miguel de Cervantes describes the chivalrous Don Quixote setting out to perform absurd deeds of heroism to win the admiration of Spanish ladies. Seeking new adventures, Quixote decides to go wherever his horse Rosinante would lead him. But when given free rein, the horse naturally returned to the place it knew best, its own stable. We might find ourselves going the same way, doing the same thing, returning to the same haunts again and again, telling the same set of stories we've told for years . . . or perhaps itching to try out some new fad or sensation, lured by the latest fashions.

Aimless living will lead us exactly nowhere, says St Paul. He urges his Christians, **"not to go on living the aimless kind of life that pagans live."** The lack of moral direction in paganism has led to faults and moral indecency of every kind, even to spiritual ruin. His alternative is that we should **"grow in all ways into Christ, who is the head by whom the whole body is joined together"** (4:15f). On the other hand, if we are engrossed with trivia and pleasure-seeking, our understanding is diminished, and our hearts become insensitive to real values. Abandoning our ideals can be gradual and barely noticeable, for nobody becomes decadent all at once. When first we realise that we are developing bad habits, we may feel some mild regret about it. But if we continue to ignore conscience and go our merry way, the unused conscience falls asleep, and we can sin without any feeling of guilt, hardly capable of knowing right from wrong.

The people gathered around Jesus along the lakeshore focused their attention only on the physical miracle he had worked. They were so impressed by whatever he did to multiply the loaves and fishes that they wanted to make him their king. They were blind to the meaning of the miracle and the spiritual message Jesus wanted to teach through it. **"Do not work for food that cannot last,"** he warned, **"but for food that lasts to eternal life."** What about ourselves? Are we are willing to follow Jesus, but only on our own terms? Are we like the fickle crowd who just as quickly turned away from him? We must stay close to Christ to learn from him, on his terms rather than our own. Then he becomes the bread from heaven by which we are nourished in God's love, and shaped for eternity. Unlike those who abandoned him when miracles seemed to cease, we need to persevere and stay near to him.



Lectionary Art

Today's gospel is the second in a series of five continuous readings from John.

Last week we heard the story of the miracle of the loaves and fishes.

Food, particularly bread, is a key symbol in this cycle of readings.

Here Jesus calls himself the 'bread of life'.

He is the food that nourishes and sustains the whole of creation.

© Jenny Close

PASTORAL CENTRE

1-19 Woodcourt Road, Berowra Heights 2082

P.O. Box 335, Berowra Heights 2082

Phone: (02) 9456 2450

Email: parishkccp@bbcatholic.org.au

Website: www.bbcatholic.org.au/kccp

Centre Hours: 9am - 3.30pm.

Parish Priest Fr Shaju John, OSH

Assistant Priest Fr Joy Thomas, OSH

Parish Secretary Margaret Cooper

Bookkeeper Karen Price

Office Assistant (Tues) Jan Favaloro

Sacramental Team: kccpsacraments@gmail.com



KU-RING-GAI CHASE
CATHOLIC PARISH
Diocese of Broken Bay, Australia

SEATING CAPACITY AT OUR CHURCHES

**Both churches
CLOSED
for the duration
of the
LOCKDOWN**

Additional restrictions are at the discretion of the Parish Priest for the safety of all parishioners.

WEEKEND MASSES

Saturday	5pm	St Bernard's
	6pm	St Patrick's
Sunday	8am	St Patrick's
	9am	St Bernard's
	10am	St Patrick's
	6pm	St Patrick's

WEEKDAY MASSES

St Bernard's	8am	Mon, Tues and Thurs.
	9am	Wednesday and Friday
St Patrick's	8am	Wednesday and Friday
	9am	Mon, Tues, Thurs and Sat.

RECONCILIATION

Every Saturday	9.30 am at St Patrick's
Every Friday	After 9am Mass at St Bernard's

Emergency sick calls 0468 341 841 (Out of office hours URGENT only) - HOSPITAL ADMISSION: If you are admitted to hospital, please write down your religion as Catholic to receive Catholic Services. *Be sure to notify the Pastoral Centre if hospitalised and you would like our own priests to attend.*

THIS WEEK'S READINGS
and PRAYERS

ORDINARY TIME ~ Year B
Monday 02/08
 Num 11:4-15; Mt 14:13-21
Tuesday 03/08 ~ Memorial
St Dominic
 Num 12:1-13; Mt 14:22-36
Wednesday 04/08 ~ Memorial
St John Vianney
 Num 13:1-2, 25 - 14:1, 26-29,
 34-35; Mt 15:21-28
Thursday 05/08
 Num 20:1-13; Mt 16:13-23
Friday 06/08 ~ Feast
The Transfiguration of the Lord
 Dan 7:9-10, 13-14 or 2 Pet 1:16-19;
 Mk 9:2-10
Saturday 07/08
 Deut 6:4-13; Mt 17:14-20

Ku-ring-gai Chase Parish
Remembers & prayers for...

RECENTLY DECEASED: Barry Thomas, Crisanta Colis, June Maher, Henry Sylvester, Agnes Montgomery, Matthew Hughes, John Wright
ANNIVERSARIES: Lynette Maguire, Dr Ken Gray, Gary Simpson, Christin Simpson, Marta Granecka, Maree Hayden, Uwe Haag, Leo Vila
SPECIAL PRAYERS FOR THE SICK:
For those suffering around the world from Covid-19 - that this disease will be successfully brought under control and eliminated as a health risk for all.
PRAYERS FOR THE SICK: Peter Todd, Sally Agnew, Jola & Stach Uchman, Angela Smith, Patrick O'Donoghue, David Chee, Roger Okell, Tom Dawson, Elaine Longmuir, Patrick Dorahy, Sr Mary Treacy, Fr Thomas Philip OSH, Sr Tincy Thomas, John Gallagher, Marie Haag, Felicity Fone, Jean Cook, Peter Brooks, Barbara Jones, Brian Treacy, Dan Leavy, Stephen C C, Anne Brady, Marie O'Hare, John Cosgrove (Snr), Antonia Alvarado, Peter Nguyen, Nemia Camille Asiong, Rodney Porter

The 250 Club!



Week 2 - 26/07/2021
 Winning number: 186
 Winner: *Mary Nicholson*
 Amount: \$25.00

Pope Francis' Prayer Intention for August: The Church

~ Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.



Tap n Go donation points available in both Churches. All taps are set to \$10. Thank you for your support through these devices.



A new Nonagenarian!

William (Bill) Healy of SBB fame, is turning 90 on the 4th! Our birthday prayer for you is that your continued journey with us be filled with joy, happiness, health and peace.



OUR BANK
DETAILS

NEW ACCOUNT NUMBER

KCCP has a NEW Bank Account Number:

The Catholic Development Fund (with whom the parish banks), has changed some of its processes, **which means we have a new account number.**
 In the past, we would provide the details here, however, as at last November we were directed by the Diocese that, due to fraud attempts, parishes are no longer allowed to publish their BSB and Acct No's. in parish bulletins or websites.
SO WHAT DOES THIS MEAN?
 If you deposit directly to the parish account (on a regular or ad hoc basis), we need to provide you with the new account number and so we are asking that you contact the parish office as soon as possible via parishkccp@bbccatholic.org.au or on 9456 2450. Thank you for your ongoing financial support of the parish. Fr Shaju.



COVID-19 Update - Churches in Broken Bay to remain closed for the duration of this Covid Lockdown. Sunday Mass will be live-streamed from our Parish as follows:
Sat. Vigil - 6pm from St Patrick's, Asquith // Sun. - 9am from St Bernard's, Berowra Hts
 Weekday Mass continues to be livestreamed from our Cathedral at 7am.

Extracts from the latest communication from Bishop Anthony Randazzo dated 9 July 2021:

+ "With the announcement of the continuation of the Stay at Home Order, I ask that **all our churches in Diocese of Broken Bay remain closed.** The obligation for the faithful to participate in Sunday Mass (can.1247) remains lifted for the people of Broken Bay for the duration of this Stay at Home Order."



Catechist News:

- + Just a short message to all our students, that we are missing you.
- + Please be patient, kind and thoughtful during this time of lockdown.
- + Listen to your Parents/Carers and be safe and well.
- + We look forward to catching up with you when we meet again when Schools reopen.
- + In the meantime we are thinking and praying for you all.

Catholic Learning from Home resources are available either through the Department's Christian SRE portal Christian SRE OR directly on the CCRESS website Catholic Learning from Home Lessons.

CCRESS is the network of Catholic SRE Providers across NSW. The Learning from Home lessons have been developed in the Diocese of Broken Bay and are available for parents and students across NSW. They are provided in a user-friendly Click n Learn PowerPoint format.

Talks and workshops from the **Alive in the Spirit** conference deeply impressed those of us who attended. Here are some comments on the talks themselves:



Brian: Why are we doing what we're doing? In spite of our differences, we all have a responsibility to lead each other to closer relationship with God and with each other as a faith community. All we have or do are gifts from God and we are all called to be good stewards. *Leisa Anslinger's keynote talk*

Simone: Confirmed that I am, as an Australian Catholic and a member of Ku-ring-gai Chase parish, in a liminal space, at a threshold. It is not a comfortable place to be: it's messy, sometimes demoralising and sometimes uplifting. *Lana Turvey-Collins' keynote talk*

Gwen: The prominence of prayer in Richard's talk was simply beautiful, very Christ-centred and very Spirit-centred. His workshop on welcoming as a way of building a community was wonderful. *Richard McMahon's workshop*



Brian: The big question that God will ask at the end of our lives is NOT, "Were you perfect?" BUT RATHER, "Were you faithful?" *Richard Lennan's keynote*

Cynthia: The conference was the right thing at the right time. It woke me up, mentally and spiritually.



Hello, hello! Is anybody out there? We haven't had any response to this request which is unusual for KCCP parishioners



The latest **Maintenance Roster for SPA** is to begin in October. We are **looking for (at the very least) 3 new volunteers to join the ranks, and to maintain our 6 Groups of 3 volunteers each.**

Groups are rostered twice per year—comprised of 4 consecutive weekends over a cooler month and 4 consecutive weekends over a hotter month.

This is such an important ministry. It keeps the streetscape of our church looking its very best and will hopefully entice people to come inside and take a look at our faith. A lawnmower is provided for your use and some basic tools to get the job done. Probably best you bring along your own gloves and be sure to wear a mask during these uncertain times.

While we have your attention: The roster (as such) for St Bernard's could also do with a boost. SBB only has two Teams (A & B) but over the last months we have been rostering both teams consistently in the hope of enough volunteers turning up to lighten the load.

You get to use a ride-on mower at SBB as the grounds are just that little bit more substantial.

Confirmation 2021 Programme Schedule ~

ZOOM Workshops for St Patrick's folk and for St Bernard's folk:

SPA	SBB	Week 2:	Week 3:	Week 4:
3.15pm	5.30pm	Thursday 5/8	Thursday 12/8	Thursday 19/8
4pm	4pm	Saturday 7/8	Saturday 14/8	Saturday 21/8
5pm (2 x groups)	n/a	Saturday 7/8	Saturday 14/8	Saturday 21/8
9am	n/a	Sunday 8/8	Sunday 15/8	Sunday 22/8

Practice for Confirmation (Covid restrictions permitting):
Sunday August 29th - SPA after the 10am Mass / SBB after the 9am Mass

Confirmation (Covid restrictions permitting):
Sunday September 5th - SPA 2pm and 4pm / SBB 11.30am

Workshops continue this week via Zoom.

Please keep our KCCP Confirmation children in your prayers.

NB:
 The programme to the left is subject to change on short notice should we again be allowed to have face-to-face sessions.



Friday 6 August ~ Feast of The Transfiguration of the Lord

Gospel Reflection ~ Jesus takes his most trusted disciples up a high mountain to allow them to share in what he knows is about to occur. It is a very clear teaching moment in which Jesus hopes the disciples are going to finally grasp the truth about him. As the disciples stand by, Jesus is transformed before them – suddenly bathed in light and his clothes become dazzlingly white.

The disciples also see Moses and Elijah standing and talking with Jesus. Moses was the great Law-giver of Jewish tradition and Elijah the great prophet. Together, they represent the Law and the Prophets – the combined wisdom that make up the tradition of Jewish teaching and Jewish scripture. It is the Law and the Prophets that Jesus' life and ministry brings to fulfilment. It is fitting that Moses and Elijah appear beside Jesus as the three figures combined represent fullness of Jewish tradition – the Law of Moses; the challenge and promise of the Prophets; and the compassion of Jesus that completes the other two. Sadly, the disciples don't really get the point of what they see before them. Peter, caught up in the moment, wants to build tents on the spot to mark the moment and to continue to dwell in the moment. Jesus, however, leads them back down the mountain – back into the valley; back into the reality of life; back into the tragedy that he knows lies before them. No matter how powerful a religious experience may be, Jesus shows us that we always have to return to real life. It is not possible to remain on the 'mountaintop' as Peter would have liked to do; we have to take the experience back into the everyday of our lives. © Greg Sunter



Are you struggling to pay the bills?
CatholicCare can help with Coles or Woolworths vouchers.

Times are tough. You might have lost work due to the lockdown, or you might be finding it hard to put food on the table.

Please call CatholicCare on (02) 9481 2600 or email them at info@catholiccareddb.org.au.

They are here to help our parish families.

Please note this support is able to be offered due to Government funding so they will require ID and some documentation to access assistance but they can walk you through the requirements.

At KCCP we take Safeguarding Seriously and

SAFEGUARDING IS EVERYONE'S RESPONSIBILITY!

A child safe and friendly Parish values children and understands safety doesn't just happen.

A commitment to protecting children is embedded in the Parish's culture and is understood and accepted by everyone.

Learning Hub: Why we need to tell stories of Trauma

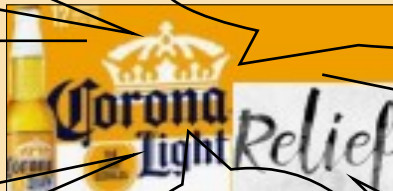
View this 5 min TED TALK video to learn more https://www.ted.com/talks/almudena_toral_documentary_films_that_explore_trauma_and_make_space_for_healing?utm_source=newsletter_daily&utm_campaign=daily&utm_medium=email&utm_content=button
 2021-07-09#t-8177

What do you call a priest in charge of the school play? **The spiritual director.**

Why did the priest giggle during his homily?

He had Mass hysteria!

I was going to tell you about all the drama at the convent, but then remembered **it's nun of your business.**



What do you call a Catholic service that is very very important?

A Critical Mass.

Man: What is a million years like to you?

God: Like one second.

Man: What is a million dollars like to you?

God: Like one penny.

Man: Can I have a penny?

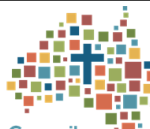
God: Just a second.

What do you call a sleepwalking nun?

A roamin' Catholic.

How do you make holy water?

Boil the hell out of it.



THE JOURNEY CONTINUES !

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.' *Matthew 28:16-20*

Fan the Flame ~ Towards Plenary Assembly ~ 01 / 10 / 2021

Reflection ~ The ethical and missionary implications of the Eucharist for the Church's communion of faith will always be incomplete while the poor go hungry, for "we cannot properly receive the Bread of Life without sharing bread for life with those in want".

(Pedro Arrupe, "Address prior to Eucharistic Congress 1976", The Portal to Jesuit Studies, accessed 23 April 2021, https://jesuitportal.bc.edu/research/documents/1976_arrupeucharist/.)

Prayerful and Eucharistic ~ The Risen Christ gives us a mission to "go out into all the world and proclaim the good news to the whole creation" (Mark 16:15).

A prayerful and Eucharistic Church community is one that is equipped for mission - undertaking hands-on commitments among the human family. Our celebration of the Eucharist will always be incomplete while the poor go hungry.

The challenge will always be there to connect our prayer with action for justice, hearing "both the cry of the earth and the cry of the poor" (*Laudato Si'*, 49). (p.12)

Please pray for the Plenary Council

www.plenarycouncil.catholic.org.au/fanthe flame/

ROSTERS & READINGS FOR WEEKEND - 7th/8th August 2021 Sunday in Ordinary Time - Year B -
 1 Kg 17:8-16; Col 3:12-17; Mt 6:25-34

	St Bernard's Church		St Patrick's Church			
	5.00pm	9.00am	6.00pm	8.00am	10.00am	6.00pm
Acolyte / Snr	<p align="center">Last week we provided the roster for the weekend of 31/7—1/8 in the hope that restrictions would be lightened. Unfortunately this was not to be. If you were rostered please ignore, stay home, stay safe and once again ...</p> <p align="center">Until restrictions lift:</p> <p align="center">Rostering for essential ministries during the live-streaming of Mass will be arranged separately - if required, you will be contacted by the Parish Office.</p> <p align="center"><i>Thank you for your understanding, Fr Shaju.</i></p> <p align="center"><i>(Roster reminders are sent out automatically via the MSP system—please ignore these for the moment- if required you will be contacted directly by the office)</i></p>					
Reader (1)						
Reader (2)						
Usher / s						
Sacristy Care/ Church						
Communion to						
Maintenance	Teams A & B - additional help always appreciated			August: Matthew Tancred - additional help always appreciated - see inside appeal to help pls		

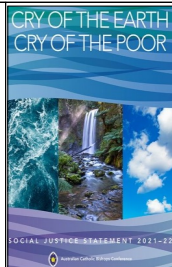
Working in a child-related ministry in the Catholic Diocese of Broken Bay: Paid and volunteer workers who have direct face to face contact with children (under 18 years) are required by law to obtain a Working with Children Check number. Please note though, exemptions may apply in some cases. The Parish is the employer of the paid or volunteer worker and therefore is required by law to verify the Working with Children Check number. All paid or volunteer workers engaged in a child-related role must have a clear Working with Children Check to work in a child-related ministry. This disclosure references the legislation, *Child Protection (Working with Children) Act 2012*.



You're invited!
 Please join us for a series of on-line talks about **Euthanasia, Dying and the Dignity of the Human Person**

It's anticipated that a Bill allowing for the legalisation of euthanasia will be presented to the NSW Government in September. You are invited to a series of online talks by theological and medical specialists on the topic over three Mondays in August, co-hosted by the Dioceses of Broken Bay and Parramatta.

You'll also have a chance to submit questions. **Fr David Ranson, VG**, will give the first session to be held on **2 August at 7.30pm**. For more information or to register please visit: parracatholic.org/euthanasiatalks or contact Emma Baker at emma.baker@bbcatholic.org.au



National Online Launch of Social Justice Statement 2021-22

You are invited to attend an **on-line launch** of the Social Justice Statement for 2021-22 *Cry of the Earth, Cry of the Poor*, where all the Bishops of the Australian Catholic Bishops Conference (ACBC) release a joint reflection on a particular topic annually. All are welcome to the launch of the statement which will take place **online at 5:30pm-6:30pm on 5 August, AEST**. For more information and to register go to: <https://socialjustice.catholic.org.au/2021/07/09/launch-of-social-justice-statement-2021-22-cry-of-the-earth-and-cry-of-the-poor/>



National Homelessness Week, 1 - 7 August 2021 : On any given night, 116,000 people in Australia are experiencing homelessness, which, is not 'rooflessness'. Only 7% of people without a home are sleeping rough. One practical way you can help is by making an online donation to CatholicCare's **'Shout a Mate a \$6 plate'** fundraiser for Mary Mac's Place. The link to the website is <https://www.catholiccaredbb.org.au/shout-a-mate-a-plate/>. Mary Mac's was commenced by parishioners of St John the Baptist Church, Woy Woy, and the work has continued through CatholicCare. It is open to anyone who is homeless, transient or needing a helping hand. During lockdown, takeaway meals are being provided by Mary Mac's, but it also provides connection, value and belonging without judgement, a place to shower and wash clothes. *Please consider helping this very worthy service.*

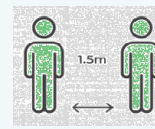
MOST IMPORTANT
 and **No. 1 Rule** follow **ALL DIRECTIONS** of the **USHER/s & Warden/s**



Sanitise your hands



Stand apart



Church Capacities:
Both churches CLOSED due to LOCKDOWN

The businesses below support our parish by advertising here. Please give them your support in turn.

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 Registered NDIS, My Aged Care, DVA and Insurance Provider

- Easy Under Cover Parking at the Rear on Ground Floor
- Easy access to the showroom from the Car Park
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- Corner of Jersey Street North and Bridge Road

9987 4500
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 Builder's Licence No. 27126C and our own KCCP parishioner

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Mobile: 0412 478 813

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 Open 7 days ~ 8am to 4pm ~ *Owned & operated by our own*
 KCCP Parishioners John & Moauli Griffiths
Come by Car / Boat / Train
Faafetai fo'i ~ means 'You're Welcome' in Samoan
 Delicious food, fabulous service & exceptional views await YOU!
 Hawkesbury River Marina, 9 Dangar Rd Brooklyn NSW
 (02) 9985 7102